

**Orphanage Outreach Health Corps**  
**Needed Medical Equipment, Supplies, and Medicines**

Cold/Allergy

Tylenol Multi Symptoms Pills  
Infant and Children's Cold/Allergy Syrups  
Loratadine/Alavert/Benadryl – pills and children's liquid  
Cough Syrups

Stomach

Ranitidine 150mg  
Omeprazole 20mg  
TUMS  
Antacids  
Pepto-Bismol  
Imodium  
Anti-parasite drugs – Mebendazole, Albendazole, ( I'm seen Dr. Garcia use Tinidazole but he told me the other two listed here as needs)

Musculoskeletal

Ketoprofen  
Ibuprofen – pills and infant/children's liquid  
Tylenol – pills and infant/children's liquid  
Flexeril – was brought in the past, may be useful for all the back pain seen (or some muscle relaxor of choice)

Cardiovascular/Hypertension

Atenolol 25mg, 50mg, 100mg tablets  
Enalapril 5mg and 10mg  
Lisinopril 10mg and 20mg  
Nifedipine 20mg  
Amlodipine  
Furosemide 20mg and 40mg  
Baby Aspirin 81mg

## Diabetes

Glyburide 5mg

Metformin 500mg and 1000mg

## Skin

Antifungal creams

Anti-scabies creams – we didn't have much of this last year and I know we could use a lot

Antibiotic creams

Lotion for dry skin

Hydrocortisone/Steroid creams

## HEENT

Antibiotic Eye drops

Anti-inflammatory Eye drops

Antibiotic Ear drops

Antibiotics to treat ear infections, sinus infections (PCN, Amoxil, Cephalosporins)

Oral steroids

## Urinary/GYN/OB

Metronidazole for vaginal infections – vaginal suppositories and pills/liquids

Antibiotics for UTIs

Prenatal Vitamins – large need!!!

Diflucan

Azithromycin for GC/Chlamydia

Ofloxacin/Ciprofloxacin

Antivirals for Herpes – Acyclovir/Valtrex

PCN for syphilis

## Other Meds

Albuterol inhalers and nebulizer vials

Multi-vitamins for infants, children and adults

Specifically Vitamin B for anemia

Folic Acid

## Random Supplies

Oral Rehydration Kits

Urinalysis Strips

Pregnancy Tests

BP cuffs – all sizes

Stethoscopes (for your use and to take home with you)

Glucometer plus supplies: lancets, alcohol pads, strips, batteries

Otoscopes with pediatric and adult specula

Measuring tapes

Scales – we have 2 here

Fetal Heart Tone Monitor with gel

Ophthalmoscopes

Dosing droppers/cups for pediatric dosing/measuring to send home with prescription

Extra bottles/containers to put medication in – most liquids come as a large quantity and patient's don't need the entire bottle so if we have extra bottles, we can split it up and have more to give out

60cc syringes and butterfly needle tubing for ear flushing

Cerumen removal spoons

Emesis basins

Tongue depressors

Cotton Balls

Cotton Tipped Applicators

Thermometers

Gauze/Basic Wound Cleaning Supplies

Feel free to bring anything else you think would be useful in a rural clinic. We do not plan on doing any surgery or minor surgical procedures so sutures and instruments are not necessarily needed. If you have them to donate you can still bring them and we can distribute them to the local hospital or clinics.